

A faith that works when life doesn't

Don't burn out; keep yourselves fueled and aflame. Be alert servants of the Master, cheerfully expectant. Don't quit in hard times; pray all the harder. Help needy Christians; be inventive in hospitality. **Romans 12: 11-13 (MSG)**

1. Show grace to myself and to others

God loves to give us more grace. He opposes the prideful, but he gives grace to the humble. **James 4:6 (NLT)**

2. Start and end each day refueling my soul.

"You don't have a soul. You are a soul; you have a body,"
C.S. Lewis

Jesus said, "Man shall not live by bread alone, but by every word from the mouth of God." **Matt. 4:4 (NLT)**

Humbly accept God's word planted in your heart, it is able to save your souls. **James 1:21 (NLT)**

Every morning, I thank God for His love. And every evening, I thank him for his faithfulness. **Psalms 92:2 (NLT)**

Before sunrise, I look to you for help, and I put my hope in your word. **Psalms 119:147 (NLT)**

For your small group:

The message was about refueling our souls:

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For our small group study, read Psalm 23 together. The psalmist says, "You restore my soul", but there is much more to the psalm which is relevant to maintaining our emotional health. Here are some questions to consider together:

1. In what ways does a "shepherd" provide a good picture of the Lord?
2. What is it about "sheep" that makes them a good picture of human beings? (For some possible ideas, see the following verses: Isa. 53:6; Jn. 10:1, 12-13)
3. For a person to claim, "The Lord is my shepherd," what would have to be true of him or her?
4. What two things does the shepherd make sure his sheep have plenty of (vs. 2)?
5. And how would you apply this to the Lord's spiritual provision for His child?
6. What significance does the statement "He makes me to lie down" have for you?
7. What two things does the Lord provide for his us, his sheep (vs. 3)?
8. The sheep enter a dangerous area without fear. What is the main reason for their confidence? (v.4)
9. What is the most helpful or encouraging thing you have learned from studying the words of the 23rd Psalm?