

Care for the family

The challenges Mums face:

1. _____ our kids

How do we convey acceptance to our kids? Two ways ...

- I accept you no matter what _____
- I accept you no matter _____

2. _____ life

2 myths of juggling life as a mum:

- _____
- _____

3 illusions that sometimes keep us trying to do more than we can:

- _____
- _____
- _____

3. Facing _____

4. Feeling _____

A couple of things that can make it harder:

- _____
- _____
- _____

5. Letting _____

How do we manage the challenges?

1. Get _____

Proverbs 4:7

2. Get _____

Why? Because ...

- God is _____

James 1:5

having our eyes on God brings _____ that is unmatched by anything else!

Philippians 4:6

- it's _____

Luke 1:38 – 42

- God made families, knows how they work and _____ **Psalm 127:1 – 2**

3. Get _____

Proverbs 22:6

4. Get _____

5. Get _____

Hebrews 10:24 – 25

6. Get _____ (Keep going!) **Hebrews 12:1**

'Spiritual mothering', a challenge to us as a church:

- Grow and develop new Christians
- Feed and clothe young Christians
- Nurture others
- Have eyes in the back of your head ... spot needs!
- Bring security and comfort to others
- Teach and be an example
- Go the extra mile
- Set the atmosphere for good

Additional Notes: