

Philippians 4: 6 – 13. New Living Translation (NLT)

An amazing promise here in these Bible verses – if we pray instead of worrying then we'll be _____

How does this work in the real world?

Step 1: Trust God to _____

4 : 13 (NLT) For I can do everything through Christ who gives me strength.

4 : 13 (CEV) Christ gives me the strength to face anything.

Jesus - Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world. **John 16 : 33 (NLT)**

Isaiah 41 :10 (NIV) So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Step 2: Remember that worry is _____

4 :6 (NLT) Don't worry about anything; instead, pray about everything.

Jesus - Can any one of you by worrying add a single hour to your life? **Matthew 6 :27 (NIV)**

Distinguish between _____

Winston Churchill – I worried about a lot of trouble in my life, most of which never happened.

Step 3: Pray about _____

4 :6 (NLT) Don't worry about anything; instead, pray about everything.

4 :6b (NLT) 'Tell God what you need.'

Prayer _____

1 Peter 5 :7 (NLT) Give all your worries and cares to God, for he cares about you.

He will either provide _____

Or he'll give you the strength to _____

Hebrews 13 : 5-6 (NIV) God has said, 'Never will I leave you; never will I forsake you.' ⁶ So we say with confidence, 'The Lord is my helper; I will not be afraid.'

Step 4: Be _____

4: 6b (NLT) Tell God what you need, and thank him for all he has done.

Step 5: Fill your mind with _____

4 : 7 (NLT) Fix your thoughts on what is true, and honourable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Step 6: Live a _____

4 : 9 (NLT) Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.

1 Corinthians 11 : 1(NIV) - Follow my example, as I follow the example of Christ.

Conclusion

What story are you _____

Additional Notes: